

Triologue Toronto

Community dialogues on mental health



Why *trialogue*?

Typically, conversations about mental health take place within three solitudes – workers, people struggling and those who love and care for them

In *Triologue* we come together, sit in a circle and talk together – but most importantly we listen together.

The hope is to share, to gain insight and to learn from each other and with each other.

If you have an interest in mental health, your own, that of a friend or family member, or of the wider society we all live in, then you might be interested.

dates for 2013

Jun	Mon	3rd
Jul	Mon	8 th
Aug	Mon	12 th
Sep	Mon	9 th
Oct	Mon	7 th
Nov	Mon	4 th
Dec	Mon	2nd

We meet first Monday of the month, except when that falls on a holiday.

6pm to 8pm at The 519

You are welcome to join us

We meet up at ...



519 Church St
Toronto